

Growing Communities' Sustainability Workshops Program 2010

No-Dig Gardening

This workshop takes the form of a practical demonstration of how to create a no-dig garden. No-dig gardening is renowned for being low-labour and low-cost, and an extremely simple way to create a healthy, functioning garden bed in no time. Learn step by step how to build the garden, as well as the science behind its success.

Worm Farming

Ever wondered about worms in your garden? Worms are incredibly beneficial to our garden systems, in a number of ways. Come along to this workshop to discuss the benefits of this little worker and discover how you too can make a simple, effective worm farm. This workshop includes a practical demonstration.

Warm Climate Permaculture Plants

Want to diversify your garden and experiment with some unusual food plants well-suited to this climate? This workshop can help to fill you in on some of those plants typically used in permaculture systems that are multi-purpose and ideal for Brisbane's subtropical climate. In this workshop we look at plants such as Taro, Cassava, Yacon, Arrowroot and Lemongrass among others, and discuss their wide range of culinary and garden uses.

Growing Food and Gourmet Herbs in Small Spaces

In this workshop, discover ways to maximise on small spaces and create a thriving garden – whether it be on your balcony, in containers or in a small garden plot. We examine the right kind of soil and edible plants for these conditions as well as great plant combinations, and delve into how to grow a selection of gourmet herbs. This workshop includes practical demonstrations.

Composting

Want to make your very own compost? In this workshop we discuss the different kinds of composting systems - kitchen compost, plastic bins, tumblers and thermophilic methods among others - as well as the principles behind what makes them work. We also discuss the huge range of possible ingredients in making compost, and the different applications for this black gold.

Gardening That Doesn't Cost the Earth

Grow your own veggies on a minimal budget! We will show you cost-effective ways of creating a thriving garden using organic and permaculture principles. Get ideas on how to source plants and materials for free

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as well as ways to make your own fertiliser and pest sprays. Discover multi-purpose, easy to grow plants for your garden and innovative methods for using waste materials. An excellent way of increasing your self-reliance and helping our environment. Bring an open mind and ideas to share!

Introduction to Permaculture

Permaculture is becoming an increasingly well-known discipline due to the way it fuses common sense with effective, sustainable solutions. Learn more about this design system for creating sustainable human environments based on ethics and principles. In this workshop we discuss this form of systems-thinking and look at ways we can focus and maximise on the relationships between elements in our gardening systems. Together we will examine some interesting success stories from around the globe and discover why Permaculture is a unique approach food, community and sustainability.

Introduction to Permaculture Design

Do you know a little about Permaculture and want to know more? Come along to this interactive workshop to discuss Permaculture Design and engage in activities that teach you more about this discipline. Gain ideas on how to design your own garden space (no matter how big or small), or simply enjoy learning more about this unique approach to organic gardening.

For children

The simple earthworm is the essential element of healthy soil, and the basis of many ecosystems. Did you know that worldwide there are over three thousand different species of earthworm, or that some earthworms measure over one metre long? Find out how these magical creatures turn our kitchen waste into rich organic food for our environment.

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